



All the dishes below are, or can be made, Gluten Free.

Please ensure that when ordering any item marked “Go”, you inform your server that you require the Gluten Free option.

Starters

Pate Toscana Go 8.25
chicken liver pate, topped with red onion marmalade, with sourdough soldiers

Aubergine Parmigiana 8.25/ (15.95 as main)
oven baked layers of aubergine, passata, Parmesan and Mozzarella, topped with pangratatta

Chicken lollipops G 7.95
crispy chicken lollipops, sweet chilli sauce

Mussels Go 9.50
fresh native mussels, white wine, parsley, garlic, cream, sourdough bread

Mushroom crostini v Go 7.50
with a mushroom, brandy and mustard sauce, with toasted sourdough,

Prawn linguine Go 8.95/ (17.95 as main)
pan fried prawns, garlic, tomatoes, chilli, fennel, rocket, tossed through linguine

Pil-pil Go 8.50
pan fried spicy prawns and chorizo, chilli and garlic oil, on a toasted bruschetta

Tomato and red pepper soup  Go 6.50
freshly made tomato & red pepper soup, crusty bread

Mains

Pan fried sea bass Go 17.95
with a spiced tomato, onion, peppers and N'duja stew, micro coriander

Smoked haddock G 18.95
with mussels, crushed potatoes, tenderstem broccoli, white wine and garlic cream sauce

Caesar salad Go 15.95
breaded chicken Milanese, romaine lettuce, boiled egg, crispy pancetta, Parmesan shavings, Caesar sauce, garlic flatbread

Keralan curry  Go
Very spicy. Naga chilli, caramelised onion and coconut cream, served with rice, warm flatbread and mango chutney

Chicken 17.95 Prawn 18.95 Vegan  16.95

Cod G 18.95
Spicy chorizo wrapped cod, n'duja potatoes, spinach, sun dried tomatoes, pesto

Lamb G 19.95
braised lamb, Dauphinoise potatoes gratin, minted peas and pods, sundried tomatoes, pesto, jus

Porchetta G 17.95
Italian seasoned pork roll, bacon jam, crushed new potatoes and seasonal greens, spiced apple sauce, jus

Fillet Rosso G 34.00
8oz fillet steak, topped with chicken liver parfait, Dauphinoise potatoes, seasonal greens, Marsala sauce

Pizza

All of our pizzas are available with a gluten free base, please inform your server when you order

Margherita v Go 12.95
buffalo mozzarella, tomato, oregano


Pepperoni Go 13.95
pepperoni, tomato, mozzarella

Diavola (SPICY) Go 13.95
Fresh chilli, spicy Calabrian sausage, salsa di fucco

Carne Go 13.95
chicken, pepperoni, Parma ham, pancetta

Barbeque Go 13.95
pulled pork, red onion, sweet peppers, mozzarella

Aglio Go 13.95
roasted garlic cloves, mozzarella, caramelised onion, Parma ham, sun blushed tomatoes, pancetta

Meat free  13.95 Go
chargrilled vegetables, rocket, vegan mozzarella, sun blushed tomatoes, with a sweet chilli sauce

Broken meatballs 13.95
homemade braised lamb and beef meatballs, rich tomato ragu, buffalo mozzarella

Desserts

Baked rice pudding  G 7.50
carnoli rice, coconut milk, fruit compôte

Affogato Go 6.95
vanilla ice cream, bathed in espresso

Ice cream Go 6.95
three scoops of your choice, choose from:
strawberries & cream, pistachio & almond, double cream vanilla, chunky chocolate, lemon sorbet, dairy-free vanilla, dairy-free chocolate